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Q: Is right brain training more important than left brain training?

A: Both right brain training and left brain training are equally important. However, it is important to balance the training for both sides of the brain for holistic brain development.

Q: Can an older child attend the right brain training classes at Heguru @ Fusionopolis?

A: The Heguru Method is suitable for children up to the age of 6. At Heguru @ Fusionopolis, experienced teachers can help children fit in and catch up with the curriculum.

Parents will also be taught about home practice and how to best supplement the lessons to further develop their children's right brain development.



The founders of HEGL (Heguru) Mrs Ruiko Henmi and Mr Hirotsada Henmi, along with Agnes Ng, talk to popular TV host Diana Ser about Heguru and right brain training

Q: Is there a way of telling if a child is naturally a right brainer?

A: A child who uses the right brain will be able to absorb information at a much faster pace and remember it for a longer period of time. They are also able to come to conclusions quickly without having to go through a step-by-step process.

But having said that, all infants start learning using mainly their right brains and gradually transit to using mainly their left brains as they grow older.

Q: Why is right brain training not done at schools?

A: Schools normally concentrate more on developing children's left brain through logical thinking, language and numbers.

However, in recent years, schools have also recognized the need for right brain training and have introduced more image related methods of doing mathematics, pattern recognition, etc.

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