

Heguru Method: Interview with Heguru founders



The Heguru Method helps your child reach his or her full learning potential

A leader in right brain development training, the Heguru Method first originated in Japan and is now immensely popular in Singapore and other parts of the world.

This method of early childhood education is unique because it focuses on the development of the right brain of a child, thereby helping children nurture the ability to “acquire education.”

Heguru was founded by husband and wife team Mrs Ruiko Henmi and Mr Hirotada Henmi, also 2 pioneers in Japanese education.

Mrs Ruiko Henmi invented “Hado Reading” in 1997, which is a technique that far surpasses speed-reading. It teaches you how to read and understand the contents of a book merely by turning its pages.

Meanwhile, **Mr Hirotada Henmi** established the Heguru Henmi Educational General Laboratory in 2000 and developed the MEP programme (“Most Effective Perfect” course), which challenges the basic assumptions underlying the junior high school examination system in Japan. In 2005, he was appointed as Director of the Japan Aviation Academy.



Committed to helping children learn: (from left to right) Heguru @ Fusionopolis' vice principal Rachel Pei; Heguru @ Fusionopolis' principal Ms Agnes Ng; Mrs Ruiko Henmi; Mr Hirotada Henmi; and Heguru @ Fusionopolis' other vice principal Claire Ng.

theAsianparent was lucky to be invited to an interview of these 2 icons of education when they were in Singapore for the official opening of the extended **Heguru Method facilities at Fusionopolis**.

Here's what they had to say, in reply to the questions (*answers translated from Japanese*):

Q: Mr Henmi, is there a right age to start this right brain training?

A: With regards to the right timing, the earlier the children start, the more effective the training. However, keep in mind that we cannot turn back time.

Therefore, I gave thought to what can be done from now and I think that even the right brains of primary school children can be activated, and great results can be achieved.

The important thing is that children should be having fun while learning, and naturally their potential will blossom.



Three leaders in Heguru Method: Ms Agnes Ng, Mrs Ruiko Henmi, Mr Hirotada Henmi

Q: Another important aspect of the programme is wave reading, or Hado reading. Mrs Henmi, tell me a little bit more about that.

A: The prerequisite of Hado reading is right brain activation. When a child starts to read, they will be reading books normally, yes?

With normal reading as a starting point, when the child's right brain becomes increasingly activated, they will discover that they can gradually read faster.

When their right brain activation reaches a certain level, they will be able to naturally channel the power of their hearts to make very complete imagery appear. This is the manner in which the (Hado reading) technique manifests.

Hado reading is not so much a goal in itself, but rather a tool for children to make use of.

Using the activated brain's power to read books at high speed paves the way for the next step of right brain activation, where children can create and employ images at their will.

Often, they may find some difficulties in harnessing this ability fully until they reach about 7-8 years old.

In order for them to be able to use this ability to its full potential when they are 7-8 years old, they should start practising when they are 2-3 years old.

Then, they should naturally and easily achieve the Hado reading skill at the age of 7-8.

More important questions and answers about Heguru on the next page...